



## advice to patients having banding of haemorrhoids

**treatment with band ligation** of haemorrhoids involves placing a small rubber band around the base of each haemorrhoid. This band will cut off the blood supply to the haemorrhoid, which will then fall off after three to ten days - this is unlikely to be noticed. The procedure is usually performed under sedation so you are not aware at the time.

**you may notice** some light bleeding for one to two weeks after the procedure. This is normal.

**you will experience** some anal discomfort for some days. Take the pain relief tablets as prescribed. You may also experience bladder symptoms for the first 24 hours.

**warm baths** can help relieve discomfort and can be taken as often as required.

### avoid constipation

**in the unlikely event** that you experience any of these symptoms:

- Feel feverish
- Lose large amounts of blood (more than a cup full)
- Have difficulty passing urine
- Experience marked swelling of the anus

**contact gastrotrACT** on (02) 6282-7177 between 7.30am and 6pm,  
or after hours:

- contact your General Practitioner, or
- phone the switchboard at The Canberra Hospital on (02) 6244-2222 to page your doctor, or
- phone the doctor who carried out the procedure:

..... On: .....



## advice to patients having injection of haemorrhoids

**injection of haemorrhoids** involves the injection of an “irritant” into the veins in the haemorrhoid. This will make the haemorrhoid harden and then shrink. There will be some residual tissue left, but should cause any problems.

**you may notice** some light bleeding for 3-4 days. This is normal.

**you may experience temporary discomfort.** Take pain relief tablets as prescribed

**warm baths** can help relieve discomfort

**avoid constipation**

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- Lose large amounts of blood (more than a cup full)
- Have difficulty passing urine
- Experience marked swelling of the anus

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